Автор: САЯДІЛ ҰЛЖАН ЕРЖАНҚЫЗЫ
Пән: Ағылшын тілі
Сынып: 7-сынып
Бөлім: Healthy Habits
Тақырып: Discussing healthy habits and healthy living and learning about the food pyramid

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Оқу мақсаттары (оқу бағдарламасына сілтемеу):	**7.L4** understand with little support some of the implied meaning in extended talk on a limited range of general and curricular topics **7.S7** use appropriate subject-specific vocabulary and syntax to talk about a range of general topics, and some curricular topics **7.UE8** use a growing variety of future forms including present continuous with future meaning on a range of familiar general and curricular topics
Сабақтың мақсаты:	**All learners will be able to** • Listen and divide words into healthy and unhealthy habits groups • Name healthy and unhealthy habits • Make up sentences with keywords using present continuous **Most learners will be able to** • Listen and fill in missing words to the dialogue. • Give advice according to healthy and unhealthy habits. • Make sentences with future and present continuous. **Some learners will be able to** • Make and act out the dialogue by identifying particular information
Тілдік мақсаттар:	Knowledge, understanding and application
Бағалау критерийлері:	• Recognize particular information and details about healthy and unhealthy habits. • Apply the topic related vocabulary in speech • Compose present continuous forms with present and future meaning in the dialogue
АКТ-ны қолдану дағдылары:	Using videos and pictures
Пәнаралық байланыс:	Sport
Бастапқы білім:	Names of food and sport

Сабақ барысы

Сабақ кезеңдері	**Жоспарланған іс-әрекет**	**Ресурстар**
Сабақтың басы (5 min)	Greeting: Hello, children! How are you? The students are divides into two groups according to the pictures which they choose, “healthy and unhealthy habits” cards. The teacher introduces the objectives of today's lesson and assessment criteria “Brain storm” activities Quotation: “a healthy mind in a healthy body” Thales of Miletus. What did Miletus Thales mean by this proverb?	Pictures of healthy and unhealthy foods

Сабақкезеңдері	Жоспарланған іс-әрекет	Ресурстар
Сабақтың ортасы (30 min)	**I/W1.Task:** Listen and choose the picture cards and find healthy and unhealthy habits. Make the sentences with should, shouldn't modal verbs and say. **What should/shouldn't we do to have a healthy lifestyle?** **I team "Healthy" II team "Unhealthy"** 1. Get a good night's sleep 1. Eat too much junk food 2. Have a hobby 2. Eat late at night 3. Do a physical activity 3. Surf the internet for too long 4. Drink plenty of water 4. Play video games too often 5. Eat fruit and vegetables 5. Watch too much TV 6. Don't smoke 6. Smoke Example: We should get a good night's sleep. We shouldn't eat too much junk food. Descriptor a learner: Listens to the CD very carefully Finds healthy and unhealthy habits. Makes right sentences with should/shouldn't and say them AFL- "Numbers speak" activities **P/W2.Task:** **Asking for /giving advice.** The sentences above are from the dialogue between two friends. Read and listen, role play it. Prepare 5 questions and give advice. **Diana:** What's wrong, Rita? **Rita:** I want to play in basketball team, but the coach says I have to improve my level of fitness first. What should I do? **Diana:** Why don't you around the park? I often go there. **Rita:** That's good idea. **Diana:** You should also eat lots of fruit and vegetables and drink plenty of water. And make sure you avoid snacks and fizzy drinks. They're no good for you. 5e316b99dc12a.png **Rita:** Thanks for the advice,Diana .Image not found or type unknown **What is Rita's problem?** **What is Diana's advice?** **Descriptor a learner:** Listens to dialogue Role play it Prepare 5 questions Gives advice according healthy and unhealthy habits **AFL- Self**–assessment paper tick **"Wordplay" activities** **I/W 3.Task.** Look at picture and make up sentences with keywords using present continuous More able learnerswill be given a task to make their own sentences about their future plans. Less able learners will be given more support by given them keywords: eat, do morning exercises, go, run, drink **Descriptor a leaner:** develop his/her personal objectives write their sentences present their words to the class **AFL-"Knowledge tree"** **"Conversation pyramids" activities** G/W 4.Task: Compare "Food for Sport" healthy and unhealthy habits. Complete the pyramid and talk about their food pyramid. Which food/drinks give us a lot of energy? Which ones keep our muscles strong? Which food/drinks give us a lot of Harmful? What is the damage to the body? 5e316c9e9c135.pbg5e316c4eb0b9d.pbg5e316c547ac0f.png Image not found or type unknown Image not found or type unknown	5e316be18f3e3.pbg5e316ced7d80.png Image not found or type unknown Image not found or type unk Leaves and tree Pyramid puzzle

Сабақкезеңдері	Жоспарланған іс-әрекет	Ресурстар
Сабақтың соңы (5 min)	**Self-assessment: writing letter feedback** Ask students to look at lesson objectives they set at the beginning of the lesson and think and say what they did well in the lesson and what needsimprovement. □ What have I learnt? □ What have I found easy? □ What have I found difficult? □ What do I want to know? So, the lesson is over. Goodbye	5e316d2d6be33.png Image not found or type unknown Post Letter stickers
Рефлексия	Reflection "Hot seat"	